



## Play ball

### Intermediate & Junior Secondary School Option

**Year 7 to Year 10:** An optional game to introduce softball to new players at intermediate and secondary school level

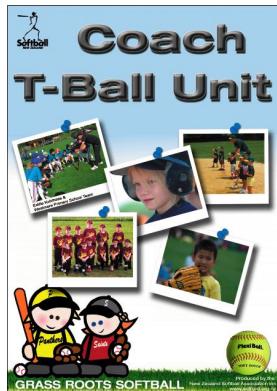
**Equipment Required:** Suitable weight bat, 12+flexi ball, set of bases including safety base, pitching strip, gloves & batting helmets optional but recommended, catching equipment not required.

**Rules:** The normal rules of softball apply unless modified as stated below

- 10 players maximum, the extra fielder must go in the outfield.
- Each batter faces 3 underarm pitches from a member of their own team. The third pitch does not need to be caught out by the catcher.
- Pitching distance is 10-12m, or whatever distance it takes to get the ball across the plate. Ensure that pitchers are a %safe+distance back.
- A defensive player should be fielded in the normal pitching position and fields any ball hit in that direction.
- There is no strike zone. Batters must hit one of the three balls delivered.
- The batter is out if they have not put the ball in play by the third pitch.
- When 2 pitches have been made, a foul ball on the 3rd delivery does not count as the third pitch, unless the foul ball is caught, then the batter is out in the normal manner.
- Unless running for home, all play ceases when the ball is in the hands of the catcher. The runner must go back to the last base touched.
- No bunting or stealing bases.
- The runner cannot leave the base until the ball is hit (no leading off).
- Infield fly rule and dropped third strike rule not in affect.
- The game constitutes 7 innings or 1 hour, whichever occurs first.
- A team may use more than one pitcher. The pitcher bats like any other team member and is replaced on the %round+by another team member when batting and base running.
- Catchers should remain a suitable safe distance (approx. 3-4m) behind the home plate and batter.



## Softball New Zealand Coaching Resources



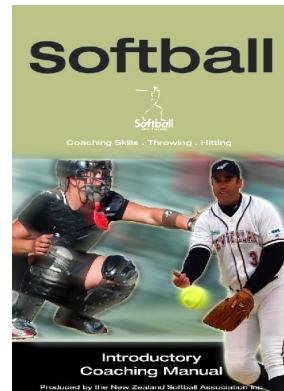
### Coach T-Ball Unit

1 Hour practical course for Tee Ball Coaches, Parents or Teachers



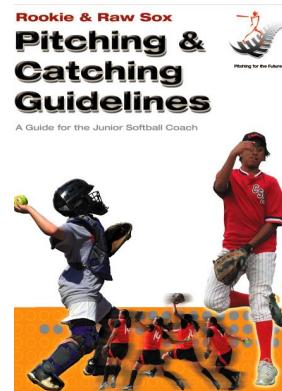
### T-Ball Skills Passport Sets

For teams & schools



### Induction Unit

2 Hour practical course for Beginning Coaches



### Rookie Sox Pitching & Catching Module

1 Hour practical module for Beginning Coaches, Parents or Teachers



A resource for primary and intermediate schools

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