

## PRESENTER



### **Ava Gibson, Managing Director, Orb Solutions, Wellington**

Ava is an experienced coach and facilitator in leadership, communication effectiveness, and personal change. She particularly enjoys assisting professional women to flourish and thrive in their careers. Through applying research based techniques, Ava assists women to identify and manage their thought processes and find the courage to take action. She facilitates a number of groups including “Take a Deep Breath: A professional development group for women in law” with Mary Scholtens QC. A conflict resolution and communication specialist, Ava also provides workshops on having “hard-to-have” conversations and assists diverse groups to have more positive and effective discussions.

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