

The following communication was provided by the Auckland Public Health Service to be sent to the Lynfield College community on Tuesday 31 August.

Please read and follow these guidelines.

- *[Close contacts](#) must [self-isolate](#) for 14 days and get a Day 5 and Day 12 test. These are tests that are taken five days and 12 days after the close contact was last exposed to the person with COVID. For Lynfield College students the last date of exposure was on Tuesday 17 August.*
- *If you are a close contact and have not had your Day 12 test, you must either:*
 - *Get an immediate test and continue self-isolating until you return a negative result, OR*
 - *Stay in self-isolation for a further 10 days – starting from your Day 12.*
- *As long as you are well, with no COVID-19 symptoms, you can leave self-isolation once you've tested negative, or completed your extra ten days. But you must still follow [National Alert Level 4 lockdown guidelines](#).*

Covid Response Team

Auckland Regional Public Health Service