

Debrisoft® Instructions for Use

Mechanical wound debridement using Debrisoft is performed using aseptic technique and can be used with or without a dressing pack. Debrisoft disrupts and removes biofilm, debris and bioburden from the wound bed and surrounding skin, while protecting granulating and epithelialising cells.



OPTION 1 Quick debridement for acute and chronic wounds

Place absorbent waterproof pad under wound area for procedure

Wearing protective gloves, open Debrisoft pack leaving the Pad or Lolly on the sterile dressing packet surface.

Apply wound irrigation solution of choice to the Debrisoft Pad or Lolly (follow local protocol: tap water, normal saline, sterile water and antimicrobial solutions are acceptable)

Pad 10x10 20-40mls 13x20 90-110mls **Lolly** 5-15mls
Do not over soak or squeeze out the Pad or Lolly

Wet wound with irrigation solution of choice and proceed to use Debrisoft, soft side down to wound bed

Using a circular motion with light through to moderate pressure, rub and debride the wound bed and wound edges for approx. 2-4 mins (may vary depending on wound size and type)

Re-moisten pad or flush over wound bed with irrigation solution of choice routinely whilst rubbing edges

Once satisfied with your wound bed appearance, clean the outer edges and surrounding skin areas with Debrisoft to reduce skin bioburden. Use a clean area of the pad or a new Debrisoft if fully soiled.

Dispose of Debrisoft after use and remove gloves in correct protocol

OPTION 2 Using Debrisoft with a dressing pack

Open dressing pack

Open Debrisoft and place onto the dressing pack surface with soft side facing up.

Add wound irrigation solution to galley pot section of dressing pack

Dispose of Debrisoft after use

If combining Debrisoft mechanical debridement with an antimicrobial soak:

Rest the Debrisoft product back on to the dressing pack surface and wait for the soaking time to pass (15min)

This is optional.

Please note, use of a topical surfactant to lower surface tension and assist disruption of potential or actual biofilm formation is optimised when used in conjunction with mechanical debridement¹.

Single debridement is not enough to prevent biofilms reforming¹.

Tips when using Debrisoft Pad:

- Grip pocket will assist with better handling on curved surfaces and under skin folds
- Alternately, use index and middle finger to apply controlled and specific pressure to the area being debrided
- Fold pad when necessary to access difficult areas and use overlocking / stitching for lifting loose debris
- Rotate Debrisoft pad to a cleaner section as you work around the wound bed

Reference

1. World Union of Wound Healing Societies (WUWHS), Florence Congress, Position Document. Management of Biofilm. Wounds International 2016