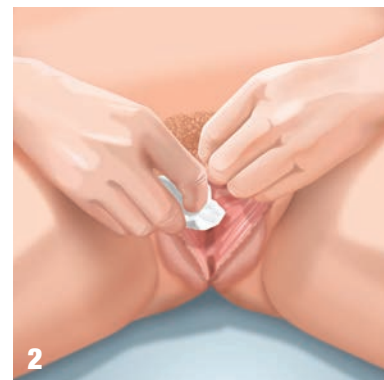


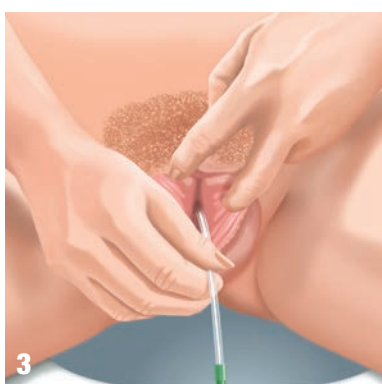
User Guide Apogee™ Intermittent Catheters



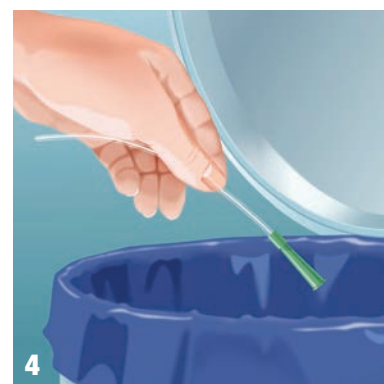
1. Wash hands. Remove catheter from package and apply lubricant to the tip and along the length of the catheter.



2. Spread the inner labia apart and clean urethral opening and surrounding area with mild soap and water or unscented wet wipe.



3. Hold the inner labia apart and insert the catheter tip into the urethral opening. Direct the funnel end of the catheter into the proper receptacle and advance the catheter until urine starts to flow. When the urine has stopped flowing, slowly withdraw the catheter.



4. Dispose of catheter and packaging. Wash hands.

WARNING: To help reduce the potential for infection and/or other complications, do not reuse.

WARNING: If discomfort or any sign of trauma occurs, discontinue use immediately and consult your healthcare professional.

- Not made with natural rubber latex
- 2 off-set smooth catheter eyelets
- Colour-coded funnel

This intermittent catheter is a flexible tubular device that is inserted through the urethra by male, female and paediatric patients who need to drain urine from the bladder.

PRECAUTION: Please consult your healthcare professional before using this product if any of the following conditions are present:

- Severed urethra
- Pronounced stricture
- Urethritis – inflammation of the urethra
- Epididymitis – inflammation of the epididymis (testicle tube)
- Unexplained urethral bleeding
- False passage
- Prostatitis – inflammation of the prostate gland

PRECAUTION: Self-catheterisation should follow the plan of care and advice given by your healthcare professional and be carried out only in accordance with the instructions for use provided. Because catheterisation frequency varies by person, the recommended frequency of your catheterisation should be provided by your healthcare professional. For any other questions about your catheterisation, please contact your healthcare professional.

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